



# BRAM LONGSTAFFE CHILDREN'S CENTRE JANUARY / FEBRUARY 2007 NEWSLETTER

Issue 10

## IMPORTANT HEALTH & SAFETY MESSAGE TO ALL PARENTS / CARERS

Please can you make sure that you close all doors behind you, especially the doors within the centre with high handles and the main black entrance gate, as you enter and leave the building. This is to ensure the safety of all our children.

### Dear Parents / Carers

With this months newsletter we are including information from the Children's Centres across Barrow; I hope you will find this useful. Please do not hesitate to ask if you need help, information, advice or a chat. Our team are here for You and Yours.

Appointments to speak to our Counsellor or the Job Centre plus adviser can be made at Reception.

From Jackie

### **Congratulations**

to our students who have successfully gained NVQ's in Children's Care, Learning and Development  
Liz Kay - Level 3, Karen Dickie - Level 2, Monaca Pugh - Level 2 and Anne Rigg - Level 2

### HELP WANTED

We know that Christmas has just gone and that most of you won't want to think about it so soon, but we would like to make some new costumes for the Christmas Nativity. So if you have any old material, we require some bright shiny fabrics for kings, white sparkly or lacy fabrics for angels.

If you can spare any time to help out with the sewing it would be much appreciated, please leave your details at reception.

Thanks,  
Amanda

### Dates for your diary

Wed 31<sup>st</sup> Jan All day

Anthony Wright, Photographer

Mon 19<sup>th</sup> – Fri 23<sup>rd</sup> Feb

Half-Term Holidays for Nursery Classes

We offer care sessions for your child in the holidays, forms are available from reception.

### Training @ Brams

Spaces still available on the Cope Parenting Course which started on Fri 26<sup>th</sup> Jan, and on the NVQ Course in Children's Care, Learning and Development.  
See reception for more details.

### TEA, TOAST & TALK TIME IN THE LIBRARY @ BRAMS

Every Wednesday at Bram  
anytime between 9.00am – 11.30am

- Pop in for a drink and a chat
- Another chance to find out about what we have to offer
- What's on in Barrow for children and families?
- Unwind and relax for a while

### Birthdays

Congratulations to all the children who have had a birthday or will be celebrating a birthday in January & February  
Layton, Poppy, Neia, Emily, Lily, Neve, Keir, Jessica, Joshua, Kira, Tia, Sam, Mia, Morgan, Lauren, Tabettha, Lukas, Sian, Ella and Shannon

### TOY LIBRARY / DROP IN

We offer a drop in play session for children aged 0 - 4 years old and their parent/carer. This is a free session with the option of borrowing a toy for the week (cost 75p)  
Friday mornings 10.00am till 12 noon  
@ The Canteen Arts & Media Centre  
Michaelson Road, Barrow in Furness

### LIBRARY @ BRAMS



### FEBRUARY SESSIONS

- Mon 5<sup>th</sup> - Counting
- Mon 12<sup>th</sup> - Love & Pancakes
- Mon 19<sup>th</sup> - Half Term Hols
- Mon 26<sup>th</sup> - Rhymes, Songs, Rhyming Stories & Songboxes

Every one welcome,  
just pop in between 9.00am to 1.00pm

### INFANT MASSAGE -

A Loving Touch

For parents and babies under one.

Thurs 1.00pm-2.30pm

Places available for Feb 07 course by contacting Sue Hawitt - 894638

*Being touched and caressed,  
Being massaged, is food for the infant,  
Food as necessary as minerals, vitamins and proteins.*

Dr. Frederick Leboyer



### SHARED SWIMMING SESSIONS

@ Dalton Leisure Centre  
on Friday's 11.15am - 11.45am  
Only £1.00 per adult, children FREE.  
Some transport available.  
Interested see Claire for more details.

### BABY CLINIC & CAFÉ

On Thursday between  
10.30am - 11.45am  
in the Blue Room @ Bram.  
Call in for a tea or coffee  
and stay for a chat.

### Shared Learning Play

A group for Children and Parents, carers and Grandparents to play and explore together.

There are 2 sessions held in the BLUE ROOM @ Bram, each week on a Wednesday 10.00am - 12.00noon  
1.00pm - 3.00pm

Each family is allocated a place, so the same families come each week.  
Spaces available for Feb 07,  
ask for Lisa if interested.

**Tired or stressed?**

Why not relax and enjoy a FREE **INDIAN HEAD MASSAGE** with SHARON HOWARTH for Parents, Carers and Staff  
 $\frac{1}{2}$  hour sessions can be booked on a Wednesday afternoon.  
See reception for details